



# Sydney Joyous Sample Menu

Daily twelve-bowl postpartum meal: Six Dishes, Two Grains, One Soup, One Tea, and One Congee—Presented in fine ceramic bowls, showcasing dedication. Each day brings new flavors.

## Sample Daily Menu:

- Steamed Pork Ribs with Black Bean Sauce
  - Stir-Fried Choy Sum
  - Braised Sea Cucumber with Scallions
  - Carrot and Beef Brisket Stew
  - Stir-Fried Celery and Mushrooms with Beef
  - Pan-Fried Stuffed Japanese Tofu
  - Multigrain Rice ×2
  - Corn and Pork Rib Soup\*2
  - Tangerine Peel Roasted Rice Tea
  - Rice Congee with Pork and Greens
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