Sydney Joyous Sample Menu

Daily twelve-bowl postpartum meal: Six Dishes, Two Grains, Two Soup, One Tea, and One Congee—Presented in fine ceramic bowls, showcasing dedication. Each day brings new flavors.

Sample Daily Menu:

- Steamed Pork Ribs with Black Bean Sauce
- Stir-Fried Choy Sum
- Braised Sea Cucumber with Scallions
- Carrot and Beef Brisket Stew
- Stir-Fried Celery and Mushrooms with Beef
- Pan-Fried Stuffed Japanese Tofu
- Multigrain Rice ×2
- Corn and Pork Rib Soup*2
- Tangerine Peel Roasted Rice Tea
- Rice Congee with Pork and Greens

